

## **JUNIOR MEMBERS – VIDEO RECORDING PROTOCOL**

### **Introduction**

Video recording is a valuable tool in teaching people how to row following British Rowing Technique. Two minutes video feedback can show body position or movement better than explanation. Direct feed to a television screen allows the individual to try something different and receive instant visual feedback. However, video images are open to abuse through transmission via the internet etc.

This protocol is designed to protect Southsea Rowing Club junior members, age under 18 years, (junior members) and Southsea Rowing Club coaches from unwanted circulation of images following video recording.

### **Protocol**

1. Video recording of junior members will not take place without the general permission of a parent or guardian of the junior member concerned.
2. This permission will be sought as part of the membership application form, which will be signed by the parent or, in the case of current members, through a separate form.
3. On each occasion the junior member will be asked whether video recording may be undertaken (whether individually or part of a crew).
4. Replay/feedback may be directly from the camera screen, direct feed through a television screen or following download onto a computer.
5. Following replay the junior member will witness the deletion of the file from the camera and any download onto the computer (in some cases this may involve the deletion of both an HD and MPEG file from the computer).
6. If the junior member wants to keep a copy of a file, this may be copied on the form of a DVD and handed to him/her individually. After which the files on the camera and computer will be deleted in the presence of the junior member as above.
7. Only copies of individual junior members maybe copied onto DVD. Crew videos will not be copied and saved after initial replay.
8. Other than in the circumstances in 6 and 7 above images of junior members will not be stored after the initial replay/feedback session.
9. Images will never be sent by Southsea Rowing Club coaches to the junior member or third parties via the internet.

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