



Optional information

Occupation:	
Do you hold a clean UK driving licence, are aged over 25 and willing to drive the club minibus?	Yes / No
Do you also have category D1 + E and would be willing to drive the club minibus and trailer?	Yes / No
How did you hear about Southsea Rowing Club? What prompted you to consider rowing?	
Any other info:	

Your signature below confirms that you have completed this form truthfully and have read and accept in full the conditions of membership outlined here. (Parent/Guardian to countersign if application is 16 or under)

<p>I agree to:</p> <ul style="list-style-type: none"> • Conform to the club's rules, bye-laws and regulations for the time being in force • Adhere to the ARA Water Safety Code and take account of safety on and off the water at all times • Support the club and represent the club to the best of my abilities • Help with a reasonable & fair share of activities towards running the club, including the bi-annual work days • Allow my details to be held on the club's membership database • Notify the membership secretary if medical conditions/contact details change, or I wish to terminate membership
<p>I understand that:</p> <ul style="list-style-type: none"> • Membership fees are non-refundable • The club has insurance cover for its boats while being used by fully paid-up members, but that if I require personal accident cover, I should contact my own insurer • Members are advised to join the ARA (http://www.ara-rowing.org) • All membership details will be held on computer and used for club administrative and safety purposes only. Personal details will not be disclosed to any 3rd parties.
<p>I certify that:</p> <ul style="list-style-type: none"> • My health is my own responsibility, and I have read and understand the health note below • I am a competent swimmer and able to swim at least 100 metres in light clothing (active rowers only)
<p>Health Note: Regular exercise may include some risk. Before beginning a regular exercise programme, you may wish to consult your doctor, especially if you are over 40 years of age and have not done any regular exercise for the past 5 years; smoke; have high blood pressure/cholesterol; have any signs/symptoms of any disease; experience chest pains/dizziness/loss of consciousness; are recovering from a serious illness or surgery; have a pacemaker or another implanted electronic device; have any other concerns about your ability to undertake regular exercise. Please let your coach know if you are under doctor's advice regarding exercise.</p>

Fees and payments

- I attach a cheque payable to "Southsea Rowing Club" / cash (please delete as appropriate) for the sum of £ to cover my initial subscription fee as advised by the membership secretary.
- I attach a completed standing order form (available in club or from www.southsearowingclub.co.uk)

Signature:

Date:

Proposed by:

Seconded by: