

## Water Conditions

At the start of each session, an experienced member will classify the water conditions into one of four categories:

- Green
- Amber
- Amber/Red
- Red

This will be displayed on a dedicated noticeboard with the date/time of the classification. If the water conditions are not classified (or the classification is for a previous session), no-one should go out until the water conditions are re-classified (i.e. ask someone to do it). Water conditions may change throughout the session, at any time those experienced members on the water (or at the club ) may change the classification of the water conditions. This re-classification must be adhered to immediately (i.e. crews must come off if no longer allowed out due to classification). The classification will primarily be for the water outside the club, conditions at and beyond the point can vary considerably

GREEN	<p><i>Flat water/minimal wind/warm temperature</i></p> <p>Who can go out:</p> <ul style="list-style-type: none"> <li>• Small boats at Bronze, Silver, Gold status.</li> <li>• Fours with Bronze, Silver, Gold coxes.</li> <li>• Experienced Fours with any member coxing – bow and stroke to take responsibility for the boat and to assist cox in calls. Should fully brief cox prior to outing</li> </ul>
AMBER	<p><i>Some waves/reasonably windy/fairly cold</i></p> <p>Who can go out:</p> <ul style="list-style-type: none"> <li>• Small boats at Silver, Gold status.</li> <li>• Fours with Silver, Gold coxes.</li> <li>• Fours with Bronze cox provided experienced crew.</li> </ul>
AMBER/RED	<p><i>Rough water/strong wind/cold temperature</i></p> <p>Who can go out:</p> <ul style="list-style-type: none"> <li>• Small boats at Gold status.</li> <li>• Small boats at Silver status provided supervised and approved by Gold status crew.</li> <li>• Fours with Gold cox.</li> <li>• Fours with Silver cox provided experienced crew.</li> </ul>
RED	<p><i>Not rowable</i></p> <p>Who can go out:</p> <ul style="list-style-type: none"> <li>• No one.</li> </ul>

Experienced is defined as >50% of the crew being a gold cox and gold in at least one discipline.

Responsibility still lies with the cox (coxed boats) or crew (small boats) to make their own assessment whether they are competent for the water conditions even if the classification says they can go out. If not sure don't go out!

If the conditions are not classified for a session, the most experienced member must make a decision, erring on the safe side.

Harbour outings are restricted the same as if Amber/Red conditions regardless of the water conditions. Small boats and coxes should ensure they have been briefed on harbour hazards and navigation prior to entering the harbour. and should not enter the harbour unaccompanied until they have gained experience through accompanied outings.

If any of the above conflicts with guidance on small boats levels of coxing levels then the water conditions guidance shall take precedence.

### Small Boats Permission

Members wishing to row small boats must apply to the committee for Bronze small boats permission. This will typically be after a number of sessions with a Gold status member. Advancement to Silver to Gold levels are awarded by the committee, members can apply for advancement for consideration by the committee.

Separate sculling and sweep small boats permission applies, with separate lists maintained. Members must apply to committee in each discipline.

BRONZE	Has demonstrated competence in fours, or has previous small boats experience elsewhere. Should attend next cox education/small boat sessions Can scull or can double/pair with others at Bronze, when supervised by someone at Gold (either from launch or alongside in small boat or coxing competent four). New Bronze level members for sweep should go out with Gold members for first outings to build experience prior to rowing with another Bronze under supervision. Must stay outside the club.
SILVER	Has demonstrated competence at Bronze, and awareness of local conditions and hazards. Has attended cox education. Can go out unaccompanied with others at Silver level or above.
GOLD	Has demonstrated good knowledge of local conditions, hazards. Able to cox novices proficiently. Can supervise others at Bronze or Silver. Can take out any club member in double/pair, but is responsible for the steering/safety of the crew.

Supervision means that the crew supervising will remain in close proximity to the supervised crew, be able to intervene if an incident occurs, help coach (local conditions and hazards), and determine if the crew is not suitable for the water conditions regardless of the general classification – not just be on the water at the same time.

Any deviation from above to be approved by Captain or Vice Captain on a per-session basis.

Outings in small boats only allowed according to the water classification, and the constraints they impose.

### Coxing

Members wishing to cox must apply to the committee for a coxing level. The committee will award a coxing level based on previous experience. Advancements are awarded by the committee, members can apply for advancement for consideration by the committee. A status level granted in small boats permission does not necessarily mean you will receive an equivalent level in coxing.

BRONZE	Should attend next cox education session. Can cox with adequate supervision. This is either: <ul style="list-style-type: none"> <li>• an experienced crew (containing &gt;50% gold small boats) who can supervise from within the boat</li> <li>• or any crew with suitable supervision from a Gold small boats person along side in a small boat, launch or coxing another experienced four.</li> </ul> Must agree with crew on where they will go, prior to boating, and ensure they understand the navigation in that area.
SILVER	Must have attended cox education, or have previous experience. Demonstrates awareness of local conditions and hazards, and boat handling - through experience rowing/coxing. Can cox non-beginner crews unsupervised, and beginner crews with supervision
GOLD	Can cox any crew unsupervised.

Coxes should ensure they are comfortable with the conditions and the skill level of the crew, and should never be pressured to cox in conditions or areas they are not confident in.

Outings are only allowed according to the water classification, and the constraints they impose.

**Suggested Current levels: (for active regular members) -**

	<b>Pairs/Double</b>	<b>Single Scull</b>	<b>Coxing</b>
<b>Bronze</b>	Belle Trivelloni Ginta Budriunaite Isy Goodhand Julia Quinn Becky Sumpner Brian Johnson Lea Guzzo Ben Gray John McNamara Mark Baker Simon Scannell Clare Larvan Jane Lloyd	Andy Thompson Alistair Mackie Belle Trivelloni Ginta Budriunaite Isy Goodhand Julia Quinn Becky Sumpner Brian Johnson Lea Guzzo Adrienne Corr Ben Gray John McNamara Mark Baker Simon Scannell Clare Larvan Jane Lloyd	Isabelle Goodhand Alice Skinner Becky Sumpner
<b>Silver</b>	Steve Robinson Mike Osborne Andy Milner Simon Fancourt Adrienne Corr Andy Thompson Alistair Mackie	Steve Robinson Andy Milner Mike Osborne Simon Fancourt	Alistair Mackie Andy Thompson Ben Gray John McNamara Jon Roberts Simon Fancourt Belle Trivelloni Adrienne Corr
<b>Gold</b>	Jon Roberts Sam Doody Graham Baggaley Matt Browne Mal Kelly Jeff Watling Paul Hollis Mike Gisborne Alex Sweeney Andy Stearne Jane Stearne Rob Stearne Dave Hunt Pete Mahoney Emily Harrison Vicky Leonard	Jon Roberts Sam Doody Graham Baggaley Matt Browne Mal Kelly Jeff Watling Paul Hollis Mike Gisborne Alex Sweeney Andy Stearne Rob Stearne Dave Hunt Pete Mahoney Emily Harrison Vicky Leonard	Alex Sweeney Brian Johnson Graham Baggaley Jeff Watling Mal Kelly Matt Browne Mick Gisborne Paul Hollis Sam Doody Vicky Leonard Emily Harrison Andy Stearne Dave Hunt Helen Sanders Jane Stearne Mike Osborne Rob Stearne